

# Infection Control Advices of COVID-19 in the Community Settings

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# Guidelines on Prevention of COVID-19 for:

- General Public
- Travellers and Returnees
- Businesses & Workplace
- Institutions & Schools
- Health Professionals



# HEALTH ADVICES FOR THE GENERAL PUBLIC

# Prevention of Pneumonia and Respiratory Tract Infection



- Maintain good personal hygiene
- Maintain good environmental hygiene
- Maintain healthy lifestyle
- Avoid touching animals (including game), poultry / birds or their droppings
- Consult a doctor promptly if experiencing a fever or other symptoms

# Reduce social contact

護己護人 減少社交接觸

Reduce social contact to protect yourself and others

避免到人多的地方  
Avoid crowds



留在家中工作  
Work from home



留在家中  
Stay at home



避免社交聚會  
Avoid social gatherings



避免握手  
Avoid shaking hands  
with others



避免聚餐  
Avoid meal gatherings



# TRAVELLERS AND RETURNEES



# Travellers

- Consult a doctor promptly if experiencing a fever or other symptoms
- Inform the doctor of any recent travel history and any exposure to animals, and wear a surgical mask to help prevent spread of the disease.

**外遊 預防措施**  
Travel Advice

**避免前往爆發肺炎的地方**  
Avoid travelling to areas with pneumonia outbreaks

**避免**  
到濕貨街市、活家禽市場或農場  
Avoid visiting wet markets, live poultry markets or farms

**避免接觸**  
動物 (包括野味)·禽鳥或其糞便  
Avoid contact with animals (including game), poultry and birds, or their droppings

**徹底煮熟**  
家禽和蛋類食物  
Poultry and egg products must be cooked thoroughly

**切勿**  
進食野味及光顧有野味的食肆  
Do not consume game meat and patronise food premises where game meat is served

**避免**  
近距離接觸患者  
特別是有急性呼吸道感染症狀的患者  
Avoid making close contact with patients, especially those with symptoms of acute respiratory infections

在外地時或回港後  
**如有不適 戴上外科口罩及盡快求診**  
並告知醫生外遊紀錄  
When outside or returning to Hong Kong, **wear a surgical mask, seek medical advice promptly** and inform doctor of travel details **if feeling unwell**

香港特別行政區衛生防護中心  
香港特別行政區政府衛生署  
衛生防護中心設計



# Returnees from Mainland

## 防控新型冠狀病毒

## 入境安排知多啲

- 二月八日起，從內地入境，或在抵港前14天內曾到過內地的人士，須接受**強制檢疫14天**



- 只有機場、深圳灣和港珠澳大橋仍然開放客運，所有入境旅客均需要**監測體溫**



- 深圳灣和港珠澳大橋以及從內地抵港航班的入境旅客需**提交健康申報表**



- 若發現有相關病徵及旅遊或**接觸史**的旅客，會即時轉介至公立醫院**接受隔離診治**

## 內地回港過關流程





# Returnees from Korea

## 特區政府對韓國 入境人士最新安排

- 由2月25日上午6時起，所有由韓國抵港的香港居民，必須進行醫學監察



- 由韓國大邱及慶尚北道兩個疫情較嚴峻的城市抵港的香港居民，必須在檢疫中心接受強制檢疫



- 所有由韓國入境或過去14天內曾在韓國逗留的非香港居民會被拒入境



# Businesses & workplace

- Properties Management
- Workplace
- Driver, Crew and Operational Staff of Public Transport (Interim)
- Hotel Industry
- Event Organiser of Mass Assembly
- Participants of Public Functions
- Tour Leaders and Tour Guides Operating Overseas Tours
- ...

# Businesses & Workplace

- Preventive measures
  - Maintain good personal hygiene
  - Maintain good ventilation
  - Maintain good environmental hygiene
    - Special attention to high-touched area

互作場所保持清潔和衛生 健康上班



# Institutions & schools

- Residential Care Homes for the Elderly or Persons with Disabilities
- Schools



# Institution



衛生防護中心  
Centre for Health Protection

**Guidelines for Residential Care Homes for the Elderly or  
Persons with Disabilities  
for the Prevention of Severe Respiratory Disease  
associated with a Novel Infectious Agent  
(Interim)**

**I. Disease Information and Affected Areas**

Please visit the website of Centre for Health Protection for disease information, affected areas and updated information related to Severe Respiratory Disease associated with a Novel Infectious Agent: <https://www.chp.gov.hk/en/features/102465.html>

2. The Department of Health advises residential care homes to take the following precautionary measures to minimize the risk of contracting and spreading Severe Respiratory Disease associated with a Novel Infectious Agent.

**II. General Preventive Measures**

**A. Maintain Good Personal Hygiene**

(a) Perform hand hygiene properly before touching your eyes, nose or mouth; before eating; after using the toilet; and touching public installations or equipment such as elevator control panels or door knobs.

## General Preventive Measures

- Maintain Good Personal Hygiene
- Preparation of Hand Hygiene Facilities
- Maintain Good Indoor Ventilation
- Maintain Environment Clean and Hygienic
- Temperature checking and early detection
  - Daily body temperature
- Visiting arrangement
  - Avoid visits
  - Check the body temperature of all visitors
  - Keep visiting record



# Management of residents/staff for the situation of COVID-19

- Staff
  - Returnee
  - Close contact / other contacts
- Residents
  - Returnee
  - Close contacts / other contacts
  - Suspected case / Confirmed case





# Management of staff for the situation of COVID-19

(as of 17 Feb 2020)

- Staff returning from the Mainland (Starting from 0:00am on 8 Feb 2020)
  - Mandatory quarantine for 14 days upon arrival
  - Staff under quarantine must not enter the institution
- Staff identified as close contact
  - Put under quarantine for 14 days since the last exposure
    - Must not enter the institution during the quarantine period
  - Medical surveillance after quarantine for additional 14 days
    - Daily T° and observe for symptoms before work
    - no restriction of location for medical surveillance
- Staff identified as other contacts
  - will be put under medical surveillance for 28 days (see the previous item)
- Staff under quarantine or medical surveillance should wear a surgical mask for 28 days.
- If fever or any symptoms develop during quarantine or medical surveillance period, notify CHP immediately and follow CHP's instructions, ± hospital admission

# Management of returnees under the situation of COVID-19

(as of 17 Feb 2020)

		Returns from Mainland (quarantine for 14 Days)	
		Hubei	Places other than Hubei
Single Room		✓	Preferable
Surgical Masks for the case		✓	✓
Minimum PPE for staff providing care	Surgical Mask	✓	✓
	Eye Protection	✓	
	Disposable gown	✓	
	Latex gloves	✓	
		± other PPE	
Case monitoring		Daily T° and observe for symptoms	
Environmental disinfection	with 1 in 49 diluted household bleach at least daily for the room, at least twice daily for frequently touched areas	✓	
Avoid leaving room		✓	
Linen management		Separately and as the last batch Use regular laundry soap and water or machine wash at 60–90 °C with common household detergent	
Waste		Clinical	Domestic

# Management of contacts of confirmed case of COVID-19

(as of 17 Feb 2020)

		Close contact		Other contacts for 28 Days:
		Quarantine for first 14 Days	For the following 14 Days:	
		<i>Medical Surveillance</i>		
Single Room		✓		
Surgical Masks for the case		✓		✓
Minimum PPE for staff providing care	Surgical Mask	✓		✓
	Eye Protection	✓		
	Disposable gown	✓		
	Latex gloves	✓		
		± other PPE		
Case monitoring		Daily T° and observe for symptoms		
Environmental disinfection	with 1 in 49 diluted household bleach at lease daily for the room, at least twice daily for frequently touched areas		✓	
Avoid leaving room		✓		
Linen management		Separately and as the last batch		
Waste		Clinical	Domestic	

# Institution

(as of 17 Feb 2020)

- V. When there is a **Suspected Case** in the institution
  - A. Management of the suspected case
    - **Surgical mask** for the suspected case.
    - Place in **single room**
    - Inform CHP immediately  $\pm$  **hospital admission**
  - B. Enhanced Environmental Disinfection
    - Wear appropriate **PPE**
    - Disinfect all potentially contaminated surfaces or items by using **1 in 49** diluted household bleach
  - C. If There is Blood, Secretions, Vomitus or Excreta Spillage
    - Take Enhanced Measures

# Institution

(as of 17 Feb 2020)

## VI. When there is a **Confirmed Case** in the institution

### A. Immediate actions

- **Perform terminal disinfection for the whole institution** using 1 in 49 diluted household bleach
- Follow CHP's instruction on the identification and subsequent management of contacts in the institution

### B. Management of Linen and Clothing for the confirmed case and close contacts

- Clothes, towels, linen and curtains should be placed into a laundry bag
- **Wash separately and as the last batch**
- Discard if heavily soiled
- Use regular laundry soap and water or machine wash at 60–90 °C with common household detergent, and dry thoroughly

### C. Management of Waste for the confirmed case and close contacts

- Managed as **clinical waste**



# School



**Health Advice to School  
for the Prevention of Severe Respiratory Disease  
associated with a Novel Infectious Agent  
(Interim)**

**Disease Information**

<https://www.chp.gov.hk/en/features/102465.html>

2. The Department of Health advises school to take the following precautionary measures to minimize the risk of contracting and spreading Severe Respiratory Disease associated with a Novel Infectious Agent.

**I. Prevention Measures**

**A. Stay Alert**

Good personal and environmental hygiene should be maintained. For the Severe Respiratory Disease associated with a Novel Infectious Agent updates, Please visit Centre for Health Protection website  
<https://www.chp.gov.hk/en/features/102465.html>

- (a) Instruct students/staff who had travelled to those affected areas in the past 14 days; they should notify school and observe closely their health condition. Within the 14 days of returning from those affected areas, they should measure their body temperature every day before going to school.

- Preparation of Hand Hygiene Facilities
  - children should be instructed to use alcohol-based handrub properly
- Maintain Good Indoor Ventilation
  - Windows of classroom should be opened
  - Switch on fans or exhaust fans to enhance air flow.
- Clean and disinfect frequently touched surfaces, furniture, toys, commonly shared items and floor at least **twice daily**
- Within the 14 days of returning from those affected areas:
  - notify school
  - observe closely their health condition
  - measure their body temperature every day before going to school



# Healthcare settings

- Healthcare Settings
- Chinese Medicine Clinic
- Allied Health Professionals
- Recommended PPE





衛生防護中心  
Centre for Health Protection  
Infection Control Branch

Last updated:  
29 January 2020

**Key Elements on Prevention and Control of Severe Respiratory Disease  
associated with a Novel Infectious Agent in Healthcare Settings  
(Interim)**

This recommendation of Severe Respiratory Disease associated with a Novel Infectious Agent is developed based on current information and would be revised if new information becomes available. Staff are advised to take the following precautionary measures to minimise the risk of contracting and spreading of the disease.

**During Serious Response Level**

Staff and public members should wear a surgical mask in patient care areas

**Registration counter**

- (a) Post notice to remind symptomatic patients to alert healthcare workers.
- (b) Provide resources for performing hand hygiene and cough manner.
- (c) Post visual alerts such as posters and/or broadcast video in conspicuous positions to remind patients and their companions to practise cough manner and hand hygiene.
- (d) Staff should wear a surgical mask at the minimum. Eye protection (e.g.

# Health Professionals

## Guidelines

- **Health Professionals**

- **Key Elements on Prevention and Control of Severe Respiratory Disease associated with a Novel Infectious Agent in Healthcare Settings (Interim)**
- **Prevention of Severe Respiratory Disease associated with a Novel Infectious Agent – Infection Control Measures for Chinese Medicine Clinic (Interim) (Chinese version only)**
- **Prevention of Severe Respiratory Disease associated with a Novel Infectious Agent - Infection Control Measures for Allied Health Professionals (Interim Guidelines)**
- **Recommended Personal Protective Equipment (PPE) in hospitals/clinics under Serious/ Emergency Response Level (Severe Respiratory Disease associated with a Novel Infectious Agent) (Interim)**
- **Precautions for Handling and Disposal of Dead Bodies (10th edition)**

• **General hygienic measures**

- Guidelines on Prevention of Severe Respiratory Disease associated with a Novel Infectious Agent for the General Public
- Perform Hand Hygiene Properly
- Use Mask Properly
- The Use of Bleach
- A Guide to Personal, Home and Environmental Hygiene: Keep Clean Be Healthy

• **Travellers and Returnees**

- Guidelines on Prevention of Severe Respiratory Disease associated with a Novel Infectious Agent for Travellers
- Health Advice on Prevention of Severe Respiratory Disease associated with a Novel Infectious Agent for returnees (Interim)

• **Health Professionals**

- Key Elements on Prevention and Control of Severe Respiratory Disease associated with a Novel Infectious Agent in Healthcare Settings (Interim)
- Prevention of Severe Respiratory Disease associated with a Novel Infectious Agent – Infection Control Measures for Chinese Medicine Clinic (Interim) (Chinese version only)
- Prevention of Severe Respiratory Disease associated with a Novel Infectious Agent - Infection Control Measures for Allied Health Professionals (Interim Guidelines)
- Recommended Personal Protective Equipment (PPE) in hospitals/clinics under Serious/ Emergency Response Level (Severe Respiratory Disease associated with a Novel Infectious Agent) (Interim)
- Precautions for Handling and Disposal of Dead Bodies (10th edition)

# Health Professionals

Centre for Health Protection  
Department of Health  
The Government of the Hong Kong Special Administrative Region

Resources

Home > Resources > Infection Control Corner

**Infection Control Corner**

**General public**

- Use N95 Respirator Properly (296.07 KB)
- Advice on Household Disinfection at the Peak Season of Seasonal Influenza (123.93 KB)
- Basic Infection Control for Property Management (Video)
- General Principles of Personal, Home and Environment Hygiene
- Guidance note on monitoring of body temperature (89.76 KB)
- Proper Hand Hygiene
- Infection control measures procedures demonstration – video
- Health Advice on Using Water Dispensers (526.66 KB)
- Health Education Pamphlet: Multi-Drug Resistant Organisms (MDROs) (1.09 MB / Web Accessible Version)
- Health Education Pamphlet: Prevent Antimicrobial Resistance - NEW (1.05 MB)
- Public Health Advice for Play Facilities (110.55 KB)
- Make Sure the Trap Is Not Dry (306.21 KB)
- The Use of Bleach
- Proper Use of Mask

**Health Professional**

- ICB Infection Control Guidelines
- Disease Specific
  - Severe Respiratory Disease associated with a Novel Infectious Agent
    - General hygienic measures
      - Guidelines on Prevention of Severe Respiratory Disease associated with a Novel Infectious Agent for the General Public (436.82 KB)
    - Travellers and Returnees
      - Health Advice on Prevention of Severe Respiratory Disease associated with a Novel Infectious Agent for returnees (Interim) (167.88 KB)
  - Health Professionals

Hong Kong Training Portal on Infection Control and Infectious Disease

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**Infection Control Forum:**

◀ Cluster of Pneumonia in Wuhan and Preparedness in Hong Kong ▶

**Training Activities**

- 17 February 2020  
Briefing for Diamond Princess Evacuation Operation
- 20 January 2020  
Infection Control Forum: Cluster of Pneumonia in Wuhan and Preparedness in Hong Kong
- 16 January 2020

**What's New**

- 31 December 2019  
Alert on the cluster of pneumonia cases in Wuhan of Mainland
- 19 December 2019  
First FDA-approved vaccine for the prevention of Ebola virus disease, marking a critical milestone

# HEALTH EDUCATION MATERIALS



# Thematic webpage



COVID-19 Thematic We x + v

https://www.coronavirus.gov.hk/eng/index.html

The Government of the Hong Kong Special Administrative Region

**同心抗疫 Together, We Fight the Virus!**

Local Situation Dashboard | Latest News | News Videos | What is COVID-19 | Clarifications | Useful Information | Updates on Infection Situation | Health Tips | Resource Centre | Community Involvement

Tamar Talk | news.gov.hk FB | ISD YouTube | news.gov.hk | CHP FB | CHP YouTube | HA FB | HA YouTube

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Coronavirus Disease (COVID-19) in HK

**LATEST NEWS**

Confirmed 85  
Probable 0  
Death 2  
Discharged 18  
Hospitalised 112

Status and report date of cases

Buildings in which cases have resided

Case 85: F 60 years old 25/02/2020 Confirmed  
Case 84: M 24 years old 25/02/2020 Confirmed

John Lee gives masks to seniors 25 February 2020



COVID-19 Thematic We x + v

https://www.coronavirus.gov.hk/eng/index.html#Resource

Local Situation Dashboard | Latest News | News Videos | What is COVID-19 | Clarifications | Useful Information | Updates on Infection Situation | Health Tips | Resource Centre | Community Involvement

Countries/areas with reported cases of COVID-19

**同心抗疫 Together, We Fight the Virus!**

為預防新型冠狀病毒在社區散播，我們必須同心抗疫  
To prevent the spread of novel coronavirus in the community, we all need to work together

**HEALTH TIPS**

Prevention of Pneumonia and Respiratory Tract Infection

Health advice for the Prevention of Pneumonia and Respiratory Tract Infection

Back of hands

How to clean our hands properly

Once a week

Maintain drain pipes properly

**RESOURCE CENTRE**

- Preparedness and Response Plan
- Guidelines
- Letters
- Health Education Materials
- Report of the SARS Expert Committee - "SARS in Hong Kong : from Experience to Action"
- Related Links

Food and Health Bureau  
The Government of the Hong Kong Special Administrative Region

Department of Health

Centre for Health Protection  
Department of Health  
The Government of the Hong Kong Special Administrative Region

World Health Organization

National Health Commission of the PRC

中國疾病預防控制中心  
CHINA CENTRE FOR DISEASE CONTROL AND PREVENTION

澳門特別行政區政府衛生局  
Serviços de Saúde do Governo da Região Administrativa Especial de Macau

衛生局  
HOSPITAL AUTHORITY

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衛生署  
Department of Health

<https://www.coronavirus.gov.hk/>



**THE END**

